

# MANICURE

## Express Manicure

Hands and cuticles are conditioned and moisturised. Nails are beautifully shaped and treated with a prescriptive basecoat, completed by the perfect polish.

£25.00  
🕒 30 minutes

## Prescriptive Manicure

Nails are analysed and treated for their specific type. Our prescriptive manicure includes exfoliation, massage and cuticle care. Nails are beautifully shaped and treated with a prescriptive basecoat before finishing with the perfect polish.

£40.00  
🕒 55 minutes

# PEDICURE

## Pedicure

Awaken your senses and cleanse, soothe and calm. Hard skin is removed, feet and legs are massaged with conditioning creams. Cuticles are groomed & toe nails are shaped and perfectly polished.

£45.00  
🕒 55 minutes

## Footzeze

Suitable for male or female. (No application of polish) Enjoy a pick me up for those tired feet to include soak, exfoliation tidy of nails and cuticles finishing off with a relaxing foot massage

£25.00  
🕒 30 minutes

# Gel Nails

The beauty of gel. With the health of the natural nail in mind, our gel formula delivers a long lasting, flawless finish that's dry in seconds and protects the natural nail.

## Gel Application

An application of Gel polish can be added to any of the above manicure or pedicure treatments.

£30.00  
🕒 30/45 minutes

## Existing Gel removal

Removal of existing Gels only. We are not equipped to remove any other gel or acrylics other than our own.

£15.00  
🕒 20 minutes

# MAKE-UP

Appointments £60.00 with consultation and £30.00 application on the day

# EYES

Eyelash Tint £20.00  
Eyebrow Tint £8.50  
Eyelash & Eyebrow Tint £25.00

Please note a 48 hour patch test is essential prior to tinting.

# WAXING

Eyebrow Shape £12.00  
Eyebrow Wax £8.50  
Half Leg £15.00  
Full Leg £25.00  
Under Arm £10.00  
Lip or Chin £5.00  
Back From £10.00  
Standard Bikini From £10.00

Pamper Days and Gift Vouchers  
are available on request



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THE  
HALL GARTH  
HOTEL DARLINGTON



TREATMENT  
MENU



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# FACIALS

All facials can be adapted to suit both male or female

## CLASSIC FACIAL

This will provide you with a most prescriptive treatment designed especially for your skin's needs. Regardless of your skin type, age or concerns, this facial will be perfect for you, and combines luxury with very real, visual results.

£50.00  
55 minutes

## A TASTE OF GERMAINE FACIAL

An introductory facial designed to refresh your skin with prescriptive products. This insight into Germaine de Capuccini includes cleanse, tone, exfoliation and massage.

£35.00  
25 minutes

## ROSE SKIN ZEN CALMING FACIAL

Emotional stress, tension, depression and lack of 'me' time reflects in the skin giving it a dull, placid appearance, increasing the signs of ageing and redness which can leave the skin dry and sensitive. This stunning and intensive therapy uses the essence of flowers and plants in a concentrated formula with a highly active anti-stress action. With petals of Gaelic Rose, and extract of the Arctic Rose, Black Rose, White Rose and the Nepalese Rose your skin is soothed, hydrated and nourished, whilst breathing in the natural scents of roses providing a relaxing sense of wellbeing.

£65.00  
55 minutes

## EXPRESS CURE

When your skin is lacking vitality or feels congested, this intensive quick fix helps to rebalance the positive & negative ions in the skin along with a high-tech rolling & lifting technique.

£40.00  
25 minutes

## INTENSIVE EYE THERAPY

Make those eyes sparkle with our extraordinary therapy that works effectively against wrinkles from within. Will soothe & improve the appearance of lines in the eye area.

£30.00  
25 minutes

## TIME EXPERT C+ (A.G.E) VITAMIN FACIAL

The first professional anti-glycation treatment with an intense revitalizing and anti-ageing effect. Perfect for skin which looks dull and tired. New scientific research shows that glycation is one of the main causes of skin ageing. Glycation is a chemical reaction, caused by an excess of sugar ingested, that results in the degeneration of collagen and elastin fibre. This advanced treatment uses Ume Extract, a type of Japanese plum that counteracts the effects of glycation along with Vitamin C to repair the skin's luminosity, vitality and firmness.

£70.00  
55 mins

# BODY TREATMENTS

Massage therapies are suitable for both male and female

## CLASSIC SWEDISH MASSAGE

A firm pressured massage that can be adapted to concentrate on specific areas of tension in the body.

Full Body Massage

£45.00 55 minutes

Back Neck Shoulder & Scalp

£32.00 25 minutes

Leg Massage

£25.00 25 minutes

## GERMAINE DE CAPUCCINI AROMA MASSAGE

£55.00  
55 minute

An aromatherapy massage designed to suit your needs and mood. Choose from one of our five pre-blended oils. Your therapist will then use specific movements to target your concerns;

**Fire** - A warming, relaxing massage blended with lavender, sandalwood to destress, ylang ylang to calm, patchouli to detoxify and violet for decongesting.

**Earth** - An anti-cellulite massage working on the contours of the body and targeting stomach area to aid congestion, with essential oils of cedar wood and juniper and lavender combined to relieve fluid retention.

**Metal** - A revitalizing massage, with mandarin, lemon, lime and nutmeg, to uplift the mind and body.

**Wood** - A stimulating Massage with essential oils of spearmint, clary sage and cinnamon designed to help improve circulation and improve muscular aches and pains.

**Water** - A massage to help with rehydration, regeneration and soothe the mind and assist with fluid retention in the legs, with geranium, patchouli and coriander for anti-fatigue.

## MEDITERRANEAN CANDLE GLOW

£60.00  
55 minutes

A luxurious warming body massage treatment, which commences with a relaxing warm pinda pressure massage, during this time the Mediterranean Light Candle is burned emitting a wonderful fragrance. The warm wax from the candle is then poured over the body with a prolonged body massage to ease tension, relax the mind and deeply hydrate the skin. Each of the candles derive from natural Mediterranean sources, so simply choose your pleasure:

**Citrus** - enriched with Mandarin Butter which has sweet aroma to stimulate the senses and Vitamin A to rejuvenate and hydrate the skin with almond oil, beeswax, rosemary and sunflower oil

**Lavender** - enriched with Lavender butter offering a total aromatic experience, guaranteed to calm the mind and body and relieve the soul. Almond oil, beeswax, rosemary and sunflower oils to nourish and hydrate.

**Flavour of Olive** - formulated with Olive Butter and rich in Vitamin K and E, these natural antioxidants protect the body and increase the skin's suppleness, improving and smoothing its appearance. Almond oil, beeswax and sunflower oil to nourish and hydrate.

## MOROCCAN OIL RITUAL

Created from the organic seed of baobab extracted from the tree of life- this superfood delivers an excellent nourishing and firming body massage and exfoliation. Combined with 4 natural oils, such as apricot and carrot oil, and rich in amino acids and vitamins. A truly wonderful aroma and excellent for very dry skin conditions.

£55.00  
55 minutes

## LOVE YOUR LEGS

A perfect treatment for tired, achy legs - our Baobab energising leg treatment. This treatment commences with exfoliation, is followed by a massage to the legs and finishes with a touch of dreamy legs gel, leaving you radiant and walking on air.

£30.00  
25 minutes

## BAOBAB OIL SCALP THERAPY

A treatment designed to ease the tension and stress that can accumulate in the scalp and neck, incorporating the Germaine De Capuccini Baobab hair oil to help to nourish and moisturise the hair and scalp.

£30.00  
25 minutes

## AFRICAN BAOBAB SCRUB

Inspired by the most exotic oil of Africa - Baobab, with wonderful aromas and textures from the baobab seeds oil and shells. Providing a deeply moisturising and softening body exfoliation in the most enjoyable way.

£35.00  
25 minutes

## REFLEXOLOGY

A relaxing foot massage to help rebalance the whole body. A calming of our hands making you feel better inside out.

£45.00  
55 minutes

## HOT STONE THERAPY

Hot Stone Body Warmer

Deep relaxing treatment to regain your body's natural rhythm helping you feel totally rejuvenated.

£60.00  
55 minutes

Hot Stone Back Massage

Melt away that tension and feel totally relaxed

£40.00  
25 minutes

## HOLISTIC STRESS BUSTER

This therapy commences with an exfoliation to the back to prepare the skin, leaving it soft, smooth and supple. Followed by a deeply relaxing back & scalp massage restoring vitality and well-being.

£45.00  
55 minutes