



*Hall Garth Hotel
&
Country Club*

SPA TREATMENT MENU



GERMAINE^{DE}CAPUCCINI



Welcome to Hall Garth Spa

Hall Garth Golf & Country Club. We take your leisure time very seriously and feel that our fantastic health and fitness facilities, combined with the very highest standard of personal service will meet your every expectation.

In a picturesque location set in 67 acres of countryside, the Leisure Club is the perfect place to unwind from the stresses and strains of modern life.

Therefore, whether you are looking for pure relaxation, an exclusive environment to pursue your exercise goals or you simply want to spend more time with friends, the staff at the Hall Garth Leisure Club would be delighted to welcome you.



FACIALS

CLASSIC HALL GARTH FACIAL

Designed especially for your skin's needs

Your therapist will provide you with a totally prescriptive treatment based on your skin type, age and concerns. Combining luxury with very real and visible results, your skin will be left perfectly hydrated, radiant and fresh.

£46.00 - 55 minutes

ROSE SKIN ZEN CALMING FACIAL

Perfect for stressed or sensitive skin

This intensive therapy uses Rose petals and plant extracts to provide a highly anti-stress action. Enjoy the scents of five different Rose extracts as they work to soothe and nourish your skin whilst reducing irritation.

£50.00 - 55 minutes

A TASTE OF GERMAINE FACIAL

An introduction to Germaine de Capuccini facials

Designed to refresh your skin with prescriptive products, this taster includes cleanse, exfoliation and massage.

£31.00 - 25 minutes

EXPRESS CURE

An express facial to restore firmness & vitality

When your skin is lacking vitality or feels congested, this intensive quick fix is the perfect solution. Combining our exclusive rotating wand with a high-tech lifting massage, this unique therapy instantly lifts and energises the skin by rebalancing the positive and negative ions.

£35.00 - 45 minutes



ADVANCED ANTI-AGEING FACIALS

TIMEXPERT LIFT & CONTOUR

The ultimate facial to lift and re-define facial features

At the heart of this treatment lies a unique and exclusive complex from Germaine de Capuccini; V-Matrix. With flaccidity in the skin beginning in the deepest layers up to 10 years prior to it appearing on the skin's surface, V-matrix works at the root of the problem to rebuild and restructure the dermis, transforming the skin from the inside out. 99% of clients have a more defined facial contour after a single session*.

£65.00 - 55 minutes

**Self-assessment test on 111 individuals after 1 treatment*

TIMEXPERT C+ ANTI-GLYCATION

Illuminating facial to combat the first signs of ageing

An advanced anti-glycation facial utilising the benefits of Ume extract to fight against the damaged elastin and collagen fibres caused by sugar and UV radiation. Additional Vitamin C derivative provides a powerful antioxidant, protector and firmer, offering the skin a fresh, healthy glow. In just one session, 97% of clients declare their skin is smoother, more radiant and healthy*.

£65.00 - 55 minutes

**Self-assessment test on 123 individuals after 1 treatment*



TIMEXPERT RIDES COLLAGEN BOOST EYES

Express eye treatment to reduce puffiness & wrinkles

Utilising our exclusive Micro-Dermoxine Complex® and Azarole Buds, results are seen immediately after this flash treatment. Lines and wrinkles are filled in and puffiness is reduced, leaving the eye contour more rejuvenated. In just a single session, 87% of clients have reduced wrinkles*, increasing to 100% after a course of 4**.

£25.00 - 45 minutes

**Self-assessment test on 67 individuals after 1 treatment*

***Self-assessment test on 15 individuals after 4 treatment*

SIGNATURE FACIAL

The ultimate facial package targeting all areas of ageing

Your therapist will choose one of our Timexpert advanced anti-ageing facials to suit your skin's needs. This will be combined with a deeply renewing glycolic peel followed by our unique roll and lift antioxidant massage, to instantly firm and energise the skin. Your hands are then exfoliated with organic hydrating Baobab oil and massaged with a luxurious firming collagen boosting cream. To finish, an application of our most opulent diamond Power Light Booster Serum for intense clarity and a fresh dewy complexion.

The perfect pre-wedding, pre-party treatment or for those whose skin is in need of an age-defying boost.

£70.00 - 90 minutes

NON-SURGICAL FACELIFT

SIGNATURE NON-SURGICAL FACIAL TONING

Our signature Non-Surgical Facial Toning is an advanced non-invasive facial, with twenty years medical research behind it. Microcurrent impulses will lift and tone the facial muscles and the neck area, whilst improving skin elasticity and reducing the appearance of fine lines and wrinkles. This gives a more youthful, fresh appearance and glow.

£46.00 - 55 minutes

EYE LIFT

Our Eye Lift will work to lift and firm the muscles around the eye area, particularly where people tend to lose definition as they age, known as 'hooded eyes'. This treatment will also help smooth the appearance of fine lines and wrinkles.

£25.00 - 25 minutes

JOWL LIFT

Our Jowl Lift has been developed to specifically target muscle laxity around the jawline which can cause drooping jowls and loose skin. This treatment is specially designed to lift and firm the muscles and refine facial contours to give a firmer, more toned appearance.

£25.00 - 25 minutes

ULTIMATE SKIN REJUVENATION

The Little Miracle. Incorporating our non-surgical facelift and Oxyjet machine for an exceptional result. Seeing is believing.

£65.00 - 55 minutes



BODY TREATMENTS

CLASSIC SWEDISH MASSAGE

A firm pressured massage to relieve tension

This traditional massage can be adapted to concentrate on specific areas of tension.

Full Body: £39.00 - 55 minutes

Back, Neck, Shoulder & Scalp: £27.00 - 25 minutes

Legs: £15.00 - 25 minutes

SPERIENCE ELEMENTS MASSAGE

A Feng Shui inspired full body massage

Based on traditional Chinese philosophy, our Spेरience Elements massage is specifically catered for you by matching one of our 5 active oils to your zodiac sign. During this sensual massage, your therapist will relieve tension and negative energy throughout your body.

£46.00 - 55 minutes / £33.00 - 25 minutes



MEDITERRANEAN CANDLE MASSAGE

A warming full body massage

Choose one of our Mediterranean inspired massage candles; Lavender, Olive or Citrus which will be burned while you enjoy a relaxing pinda massage. The warm oil from the candle is then poured over the body for a prolonged body massage, using deep and soothing movements. This indulgent massage will ease tension whilst natural antioxidants will hydrate and nourish the skin.

£46.00 - 55 minutes



HOT STONE BODY WARMER

This deep, relaxing treatment will regain your body's natural rhythm helping you feel totally rejuvenated and relaxed.

£61.50 - 55 minutes

HOT STONE BACK MASSAGE

Melt away that tension and feel totally relaxed.

£30.00 - 25 minutes

REFLEXOLOGY

A relaxing foot massage to help rebalance the whole body. A calming of our hands making you feel better inside out.

£41.50 - 55 minutes

BODY TREATMENTS *(PERFECT DURING PREGNANCY)*

PHYTOCARE BAOBAB RITUAL

An energising full body massage & exfoliation

Using ethically sourced Baobab seed oil, this African-inspired full body massage promises an invigorating, stress-reducing experience. The blend of natural oils provide anti-inflammatory benefits, a reduction in stretch marks and increased skin elasticity; making it the ideal pregnancy body treatment.

£50.00 - 75 minutes

PHYTOCARE BAOBAB LEG THERAPY

An energising leg exfoliation & massage

Perfect for tired achy legs, this therapy commences with an exfoliation, followed by a leg massage with Baobab oil and concludes with a touch of cooling Dreamy Legs gel to reduce heaviness and improve circulation.

£25.00 - 25 minutes

PHYTOCARE BAOBAB SCRUB

A moisturising body exfoliation

An intensely nourishing exfoliation using Baobab seed and shells. With wonderful aromas and textures, this luxurious therapy will renew, hydrate and soften the skin.

Suitable for even very dry skin.

£25.00 - 25 minutes

BAOBAB SCALP MASSAGE

Stress relieving neck and scalp massage

A nourishing and moisturising neck and scalp massage utilising the benefits of ethically sourced Baobab seed oil. An intense stress relieving treatment perfect on its own or ideal to add-on to your face or body treatment.

£25.00 - 25 minutes



MENS TREATMENTS

MENS PRESCRIPTIVE FACIAL

Designed especially for your skin's needs

Your therapist will provide you with a totally prescriptive treatment based on your skin type, age and concerns. Combining luxury with very real and visible results, your skin will be left perfectly hydrated, radiant and fresh.

£46.00 - 55 minutes

PURIFYING BACK RITUAL

Reduces oiliness and breakouts on the back

Ideal for problematic skin, the back is deeply cleansed, body brushed and exfoliated to stimulate circulation. This is followed by a relaxing aromatherapy massage and deep cleansing mask.

£30.00 - 40 minutes

HOLISTIC STRESS BUSTER

A relaxing exfoliation, back and scalp massage

This all encompassing therapy begins with a back exfoliation, leaving it soft, smooth and supple, followed by a deeply relaxing back and scalp massage to restore vitality and well-being.

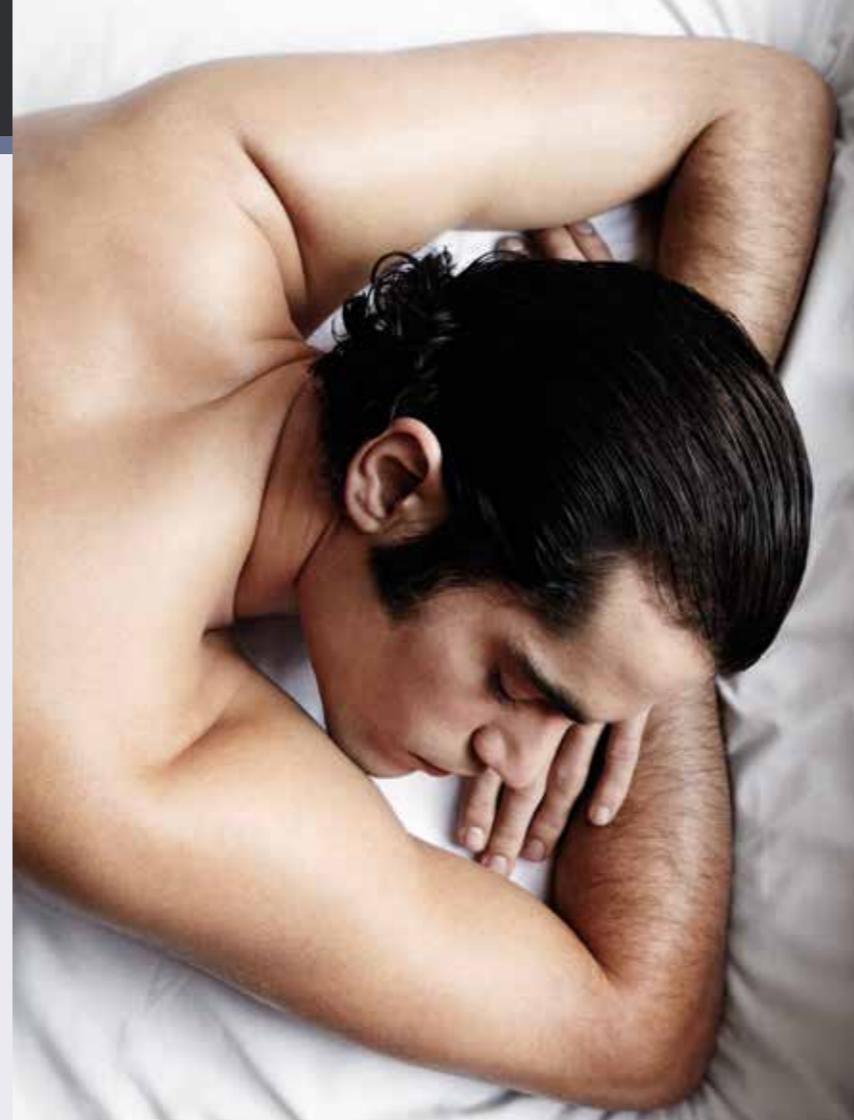
£40.00 - 40 minutes

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MENS SPERIENCE ELEMENTS MASSAGE

A Feng Shui inspired full body massage

Based on traditional Chinese philosophy, our Sperience Elements massage is specifically catered for you by matching one of our 5 active oils to your zodiac sign. During this sensual massage, your therapist will relieve tension and negative energy throughout your body.

£46.00 - 55 minutes / £33.00 - 25 minutes



HANDS & FEET

EXPRESS MANICURE

Hands and cuticles are conditioned and moisturised. Nails are beautifully shaped and treated with a prescriptive basecoat, completed by the perfect polish.

£23.00 - 25 minutes

PRESCRIPTIVE MANICURE

Nails are analysed and treated for their specific type. Jessica's prescriptive manicure includes exfoliation, massage and cuticle care. Nails are beautifully shaped and treated with a prescriptive basecoat before finishing with the perfect polish.

£35.00 - 45 minutes

PEDICURE

Awaken your senses and cleanse, soothe and calm. Hard skin is removed, feet and legs are massaged with conditioning creams. Cuticles are groomed and toe nails are shaped and perfectly polished.

£40.00 - 55 minutes

FOOTEZE

(Suitable for male or female. No application of polish)
Enjoy a pick me up for those tired feet to include soak, exfoliation tidy of nails and cuticles finishing off with a relaxing foot massage.

£20.00 - 30 minutes

GEL NAILS

The beauty of gel. With the health of the natural nail in mind, our gel formula delivers a long lasting, flawless finish that's dry in seconds and protects the natural nail.

Gel Application: £25.00 - 25 minutes

An application of Gel polish can be added to any of the above manicure or pedicure treatments.

Existing Gel Removal: £15.00 - 20 minutes

Removal of existing Gels only. We are not equipped to remove any other gel or acrylics other than our own.





BEAUTY TREATMENTS

SUN KISSED BY BEAUBRONZ

A sun kissed spray tan is the perfect way to create the natural look of summer all year round. Our mineral enriched, odourless formula dries quickly to leave you with flawless, streak-free colour and soft, smooth, skin.

£25.00 - Full Body / £15.00 - Half Body

MAKE-UP

Appointments with consultation - £40.00

Application on the day - £20.00

EYES

Eyelash Tint £20.00

Eyebrow Tint £7.50

Eyelash & Eyebrow Tint £25.00

WAXING

London Spa Company® waxes combine world-class performance with superb comfort and luxury. Made in England from an exquisite blend of the finest oils and resin, the shortest of hairs are removed with ease whilst the skin is left feeling gloriously soft, smooth and silky.

Eyebrow Shape £12.00

Eyebrow Wax £8.50

Half Leg £15.00

Full Leg £25.00

Under Arm £10.00

Lip or Chin £5.00

Back From £10.00

Standard Bikini From £10.00

A 48 hour patch test is essential prior to tinting.

SPA PACKAGES

FULL SPA DAY

Enjoy a relaxing day in our leisure facilities. Have a lounge round our poolside, a dip in our Jacuzzi and a steam in our sauna and steam room. Or if you're feeling energetic spend time in our gymnasium suite. Enjoy 2 x 25 minute treatments ie a Back, Neck and Shoulder Massage and a Mini Cleanse Facial. Plus an £8.00 voucher towards food. £85.00 per person (9.00am - 5.00pm)

HALF DAY SPA

Enjoy a relaxing 25 minute Back, Neck and Shoulder Massage or a Mini Cleanse Facial plus full use of our leisure facilities. Plus £8 voucher towards food. £50.00 per person (9.00am - 1.00pm OR 1.00pm - 5.00pm)



Robes and towels are provided. You may wish to bring flip flops to wear around the poolside.

Other packages and offers can be found on our website: www.hallgarthdarlington.co.uk



SPA GUIDANCE

Age Requirement - Guests must be at least 16 to use our spa facilities and have treatments without supervision of an adult.

Arrival Time - To ensure you receive your correct treatment time and receive full benefits, please allow at least 15 minutes to check in prior to your appointment, in the event that you may turn up late for your treatment, we will only be able to offer the remaining treatment time, but will still charge the full price of the treatment.

Attire - Here at Hall Garth Spa we provide you with a robe, towels to wear throughout your spa experience. Swim wear is required for all spa facilities, however we do advise bringing two costumes for full days. For treatments it is normal to wear underwear, or we can provide disposable briefs if you prefer.

Alcoholic beverages - We have a fully licensed bar open from 11am. We do reserve the right to refuse to serve anybody that is considered intoxicated. Using the heat facilities and receiving a treatment when intoxicated can cause you to feel very unwell. A charge will be made if you consume your own alcohol on the premises.

Cancellation Policy - A 50% non-refundable deposit is required upon booking both treatments and spa packages. For treatments please allow 24 hours notice for cancellation or rescheduling of treatments to avoid a fee of 100% of your service. Failure to arrive will result in a 100% charge. For packages we require 48 hours' notice for cancellations to avoid a 100% charge. Failure to arrive will result in a 100% charge.

Etiquette - Our luxury spa has a peaceful ambience one of which we request all guests to respect others. We kindly ask that all guests keep voices to a whisper throughout the spa. Smoking is prohibited unless in designated areas. Mobile telephones and electronic devices should be set to silent. It may be politely brought to your attention if we believe other spa users are being disturbed.

Patch Tests - A patch test is compulsory at least 48 hours prior to any tinting or eye lash extension treatments.

Pregnancy - Please advise us if you think you may be pregnant or undergoing any fertility treatment. We do not offer any treatment before the 1st trimester is over, after this we do have specially designed treatments for mums to be or mums breastfeeding. We advise you avoid all heated spa facilities. Please speak to the service team if you have any questions or queries.

Medical Conditions - Some of our therapies are not suitable for guests with certain medical conditions. We request that you notify us if you have any of the following conditions when booking: Epilepsy, allergies, heart condition, high / low blood pressure, scar tissue, varicose veins, skin conditions, Diabetes, Cancer, thyroid, pregnancy, recent operations. We have specially designed therapies for expectant women or nursing mothers. Please allow our spa team to guide you in selecting therapies that are most suitable.

Treatment Time - Your treatment time as advertised is not hands on treatment time. This time does include before and after care which is inclusive of your treatment.

Spa & Hotel Property - All items in the Spa & Hotel remain the property of Hall Garth Hotel & Country Club, we reserve the right to charge guests after departure for items removed during the stay (For example - but not limited to - bathrobes, towels, items in rooms/treatment rooms and around the property).

Valuables - We cannot accept responsibility for the safety of your personal belongings (including - without limitation - money or valuables) of any kind during your stay or your day package. If you do bring these items to Hall Garth we strongly recommend that they are covered by your own insurance policy.





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